

CAFE MANGO'S BAR

1835

The cellars on the Quay date back to around 1835. This particular cellars history is not clear however records show that others were used to store coal, oil and alcohol as well as being used as bomb shelters during the war. Shortly after they became retail space for small shops and cafés.

2016

We opened our doors in 2016 on a mission to provide quality food and great coffee in a relaxed environment amongst the beautiful setting of Exeter Quay.

Since then we have tweaked, tried and tested new ingredients, created new trends and adjusted our image to better the experience we hope to give every customer we serve.

We use West Country suppliers where ever we can and strongly support small independent businesses to source quality ingredients. Our chefs do not use deep fat fryers to cook or prepare any of the ingredients so all of the food served is baked or grilled to promote a healthier lifestyle.

Enough talking... let's eat!

If you do have any dietary requirements, please inform a member of our friendly team.

All prices are inclusive of VAT.

A 10% discretionary service charge will be added to your bill for tables over 6.

www.cafemangos.co.uk

COFFEE

Roasted each week in Buckfastleigh. Our coffee is a unique blend of beans from Brazil, Colombia & Peru.



	Small	Regular	
ESPRESSO	1.65	2.00	} Add syrup shot HAZELNUT VANILLA CARAMEL +25p
FLAT WHITE	2.75	-	
LATTE	2.65	2.95	
AMERICANO	2.20	2.90	
CAPPUCCINO	2.65	2.95	
MOCHA	2.65	2.95	
CHAI LATTE	2.65	2.95	
MACHIATTO	1.65	2.00	

TEA

Our tea has been selected from around the world. All our tea is served in a China teapot with a glass of milk.

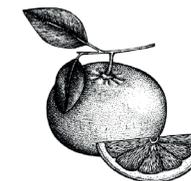


	Pot of tea	Milk alternative
ENGLISH BREAKFAST	2.00	} ALMOND COCONUT OAT SOY
ENGLISH BREAKFAST DECAF	2.00	
EARL GREY	2.00	
WILD BERRY	2.25	
EGYPTIAN MINT	2.25	
ORGANIC CHAI	2.25	
GREEN	2.25	
CHAMOMILE	2.25	
LEMON & GINGER	2.25	
SWEET GINGER	2.50	
FRESH MINT	2.50	

HOT CHOCOLATE

A choice of **white** or **milk** chocolate **2.50**
With whipped cream & marshmallows **3.10**

SOFT DRINKS



	SMALL	REG	REG
MINERAL WATER STILL	2.10	3.10	ORANGE JUICE 2.20
MINERAL WATER SPARKLING	2.10	3.10	APPLE JUICE 2.20
LUSCOMBE GINGER BEER		2.95	PINEAPPLE JUICE 2.20
LUSCOMBE CLOUDY LEMONADE		2.95	COCONUT WATER 2.60
LUSCOMBE ELDERFLOWER BUBBLY		2.95	COCA COLA 2.60
LUSCOMBE ORANGE & LEMON		2.95	DIET COKE 2.60
SAN PELLEGRINO ORANGE & POMEGRANATE		2.25	BOTTLE GREEN COX'S FIZZY APPLE 2.80

SMOOTHIES

4.00

Our smoothies are made with whole milk, If you would prefer a milk alternative, please ask.

MANGO SMOOTHIE

Mango pulp, orange juice, ice and a splash of milk.

RED BERRY

Mixed summer red berries blended with cranberry juice and a splash of milk.

PEANUT BUTTER SPLIT

Fresh banana blended with milk, banana crush, peanut butter and ice.

JUICED - SPINACH, APPLE & GINGER

Fresh spinach blended with apple juice and fresh ginger, served with ice.

HOME MADE ICE TEA

2.90

Served with fresh lemons and mint.

THICK-SHAKES

4.95

Try our epic shakes made to order with genuine Italian Gelato, all topped with whipped cream.

COOKIE MONSTER

Vanilla Gelato, Oreo cookies, chocolate sauce, cream, milk & ice.

STRAWBERRIES & CREAM (gf)

Strawberry Gelato, strawberry crush, cream, milk & ice.

VANILLA DREAM (gf)

Vanilla bean Gelato, vanilla syrup, cream, milk & ice.

THE COCONUT

Coconut Gelato, a dash of milk, ice and pineapple juice... all you need.

ICED LATTE

2.90

Made with two shots of mustang espresso.

BREAKFAST MENU

9AM - 12PM

CLASSIC DISHES

BIRCHER MUESLI (VG) 7.25

Rolled oats soaked in almond milk with shredded apple and summer berries, topped with fresh fruit, almond butter and crushed walnuts.

SMASHED AVOCADO (V) 7.85

A firm favourite! Smashed avocado served on toasted sour dough topped with feta, cherry tomatoes, fresh chilli and coriander.

Add Bacon £1.95 Add poached egg £1.15

SPANISH BEANS (VG) 7.45

Slow cooked in a mildly spicy tomato sauce with a melody of beans, garlic, onion and mixed olives, served with toasted sour dough.

BREAKIE PLATE 8.95

Two rashers smoked bacon, pork sausage, two free range scrambled eggs, baked beans, hash brown, roasted tomato and granary, white or sour dough buttered toast.

VEGGIE PLATE (V) 8.75

Two free range scrambled eggs, roasted tomato, portobello mushrooms, avocado, baked beans, hash brown and granary, white or sour dough buttered toast.

BACON SANDWICH 3.95

Smoked back bacon served in granary or white buttered bread.

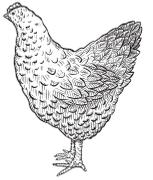
SAUSAGE SANDWICH 3.95

Dartmoor pork sausage served in granary or white buttered bread.

EXTRAS

AVOCADO	1.95	PORK SAUSAGE	2.10
SMOKED SALMON	2.95	FETA CHEESE	1.45
SMOKED BACON	1.95	POACHED EGG	1.15

V - VEGETARIAN / VG - VEGAN



Our eggs come from happy free range hens & our pork sausages are locally sourced from an independent butcher in Dartmoor.

EGGS

EGGS BENEDICT 7.95

Two soft poached eggs served on a toasted muffin with hollandaise sauce. Choose from Wiltshire ham, sautéed mushroom or salmon

CHORIZO BAKED EGGS 8.00

Two eggs baked in a slow cooked rich tomato sauce with onions, peppers, butter beans and chorizo chunks. Topped with feta and served with warm bread for dipping!

SCRAMBLED EGGS (V) 6.25

Two eggs, scrambled with salt, cracked black pepper and your choice of granary, white or sour dough toast.

SCRAMBLED EGGS AND SALMON 7.95

Two eggs, scrambled with roasted smoked salmon fillet, served on your choice of granary, white or sour dough toast.

ADD SOME FIZZ

Upgrade your brunch with a bottle of prosecco!	Mini bottle 7	Bottle 25
	(2 glasses)	(6 glasses)

PASTRIES & SMALL PLATES



TOAST & PRESERVES 2.95

TEACAKES & BUTTER 2.25

ALMOND CROISSANT 1.95

BUTTER CROISSANT 1.95

GLUTEN FREE BREAD AVAILABLE ON REQUEST

LUNCH MENU

12PM - 4PM

SMASHED AVOCADO (V) 7.85

Smashed avocado served on toasted sour dough topped with feta, cherry tomatoes, fresh chilli and coriander.

Add Bacon £1.95 Add poached egg £1.15

SHREDDED PORK & FLAT BREAD 8.95

Flat bread topped with shredded pork, red cabbage slaw, grated carrot, avocado, tomato, feta and spiced mayo.

MOROCCAN FALAFEL & FLAT BREAD (V) 8.95

Flat bread topped with Moroccan spiced falafel, red cabbage slaw, grated carrot, avocado, tomato, feta and spiced mayo.

NACHOS (gf)(V) 8.00

Tortilla chips topped with melted mozzarella cheese, tomato salsa, guacamole and sour cream.

Add shredded pork £3.25

THAI BEEF SALAD (gf) 10.95

Mixed leaves, cucumber, fresh chilli, coriander and crushed peanuts tossed in a soy, honey, lime and ginger dressing topped with medium cooked sliced Dartmoor steak and sesame seeds.

BUDDHA BOWL (VG) 9.95

A protein packed bowl for the body and soul! Filled with quinoa, chickpeas, sweet potato, falafel, cherry tomatoes, carrot and avocado with a side of chefs green herb dressing.

BAGUETTES

Daily made baguettes served with Burts salted crisps and house salad.

If you would prefer yours toasted, please ask when ordering.

6.75

ITALIAN SUB

Prosciutto cured Italian ham, fresh tomato, rocket, mustard mayonnaise.

VEGAN TOMATO & BASIL (VG)

Vio life vegan cheese, fresh tomato and basil pesto.

GOATS CHEESE & FIG CHUTNEY (V)

Goats cheese, rocket leaves, fig and red onion chutney.

HAM & SMOKED CHEDDAR

Wiltshire thick cut ham, mature cheddar and chilli jam.

BAR SNACKS

ROSEMARY ALMONDS

2.50

SMOKED NUT MIX

2.50

BREAD & BALSAMIC

3.80

CRISP SELECTION

1.00

AFTERNOON TEA

DEVON CREAM TEA

Warm scone served with clotted cream, strawberry jam and a pot of English breakfast tea.

FOR ONE PERSON £5.10

(1 Scone & a pot of tea)

or

SAVOURY CREAM TEA

Warm cheese scone served with smoked cheddar cheese, spiced tomato chutney and a pot of English breakfast tea.

FOR TWO PEOPLE £7.75

(2 Scones & 2 pots of tea)

NUTELLA WAFFLE

Hot sugar waffle topped with Nutella and vanilla Gelato and chocolate sauce.

6.00

FROZEN YOGURT

Soft serve frozen yogurt in a cone or tub, add on your own toppings!

2.60

Plus toppings

DAILY CAKE SELECTION

Our cakes change regularly, so please look at our deli to see today's selection!

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